

LYDIA CARADINE

HEIGHT: 5'4"

WEIGHT: 101

EYES: Dark Brown

HAIR: Black

COMMERCIAL

Facebook	Office Coworker	Dir. Josh Lundquist
Audiopure Headphones	Tennis Player	Dir. Sarah Thacker
Sephora	Color IQ model	Dir. Gabriel Shalom
Union Bank	Teacher	Dir. Brandon Jameson

WEB/NEW MEDIA

Selling In	Jennifer	Dir. Nick Alexander
Bang Bang Goes the Gun	Narrator	Dir. Thomas Everly
My Roommate is a Disaster	Denise	Dir. Rory Arnold
Funny or Die Oscar Short	Teller	Dir. Greg Kindra
Starving in Lalaland Trailer	Cameron	Dir. Cliff Moore
Sh*t Hollywood Girls Say	LA Girl	Dir. Blake Jacobs
Blind Date	Kate	Dir. Derek Steiner

THEATRE

Circle Mirror Transformation	Theresa	Dir. Bonnie McNeil
The Lady From Dubuque	Elizabeth	Dir. Alex Aves
A Midsummer Night's Dream	Moth	Dir. Kevin Meoak, Loft Ensemble Theater

TRAINING

Lucid Body Acting	Kennedy Brown, Los Angeles, CA
Adler Technique	Stella Adler Academy, Los Angeles, CA
Voice, Movement, Monologue	Dennis Krausnick, Shakespeare and Company LA, CA
Scene Study	Cress Williams, Hollywood, CA
Short/Long-Form Improv	David Magidoff, Monkey Butler Los Angeles, CA
Advanced Acting for Film	Richard Mason, Acting in Columbus, Columbus, OH
Intermediate Method Acting	Dr. Clarence Murray, Norfolk State, Norfolk, VA

SPECIAL SKILLS

Activities: Yoga, Lyra (certified instructor), Ballet, Hip Hop/Freestyle, Pole Dance/Pole Sport, Track and Field, Cycling/Spinning (certified instructor) Cheerleading, Jump Rope, Hoola Hoop, Roller skating

Linguistics: Conversational Spanish; British, Valley Girl, Southern, New York accents.

Miscellaneous: Basic weapons handling, Large vehicle operation, Crocheting, Cooking, Painting.