

LYDIA CARADINE

lydiacaradine@gmail.com

(323) 806-6535

HEIGHT: 5'4"

WEIGHT: 120

EYES: Dark Brown

HAIR: Black

COMMERCIAL

Facebook

Audiopure Headphones

Sephora

Union Bank

Office Coworker

Tennis Player

Color IQ model

Teacher

Dir. Josh Lundquist

Dir. Sarah Thacker

Dir. Gabriel Shalom

Dir. Brandon Jameson

WEB/NEW MEDIA

Bang Bang Goes the Gun

My Roommate is a Disaster

Funny or Die Oscar Short

Starving in Lalaland Trailer

Sh*t Hollywood Girls Say

Blind Date

Narrator

Denise

Teller

Cameron

LA Girl

Kate

Dir. Thomas Everly

Dir. Rory Arnold

Dir. Greg Kindra

Dir. Cliff Moore

Dir. Blake Jacobs

Dir. Derek Steiner

THEATRE

Circle Mirror Transformation

The Lady From Dubuque

A Midsummer Night's Dream

Theresa

Elizabeth

Moth

Dir. Bonnie McNeil

Dir. Alex Aves

Dir. Kevin Meoak,

Loft Ensemble Theater

TRAINING

Adler Technique

Scene Study

Short/Long Form Improv

Advanced Acting for Film

Intermediate Method Acting

Stella Adler Academy, Los Angeles, CA

Cress Williams, Hollywood, CA

David Magidoff, Monkey Butler Los Angeles, CA

Richard Mason, Acting in Columbus, Columbus, OH

Dr. Clarence Murray, Norfolk State, Norfolk, VA

SPECIAL SKILLS

Activities: Yoga, Lyra (certified instructor), Ballet, Hip Hop/Freestyle, Pole Dance/Pole Sport, Track and Field, Cycling/Spinning (certified instructor) Cheerleading, Jump Rope, Hoola Hoop.

Linguistics: Conversational Spanish; British, Valley Girl, Southern, New York accents.

Miscellaneous: Basic weapons handling, Large vehicle operation, Crocheting, Cooking, Painting.